



The University of Texas at Austin

***black***

—STUDENT—ATHLETE SUMMIT—

**The Mental Health of the Black Student-Athlete**

JANUARY 8-10, 2020



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# LETTER FROM DR. MOORE



Dear Colleagues,

It's an honor to welcome you to the sixth annual Black Student-Athlete Summit, the most comprehensive national gathering on the issues related to the Black experience within college athletics and one of our university's signature events. Like the University of Texas Division of Diversity and Community Engagement, the Summit is committed to increasing positive student outcomes and unlocking the potential of our ideas.

The theme of this year's convening is "The Mental Health of the Black Student-Athlete," and includes keynotes by Dr. Martin P. Smith, Duke University, and sports journalist Jemele Hill, who worked for ESPN for 12 years and is now a writer for The Atlantic.

Last year we had a several sessions on mental health and are continuing discussions this year because of the challenges and stigmas our student-athletes face when trying to address mental health issues. Managing the stress and pressures related to training and playing in college athletics while succeeding academically are compounded by racial discrimination and isolation that Black students face on predominately white college campuses.

I'd like to thank all those who are presenting research and leading discussions over the next three days. I also want to take a moment to thank all of our returning attendees, especially those who have been with us since 2015. It is because of your feedback and word-of-mouth that we have seen our attendance grow each and every year. Without you, there is no Black Student-Athlete Summit—and we are grateful for your continued support.

I also want to thank the Division of Diversity and Community Engagement's Heman Sweatt Center for Black Males (formerly the African American Male Research Initiative or AAMRI) for its leadership and for all it does in support of our male students of color. As part of the Longhorn Center for Academic Excellence, and through our local and national partnerships, the Sweatt Center is defining how best to create and maintain a culture of Black male excellence. Thank you to Dr. Ryan Sutton and the entire team for always putting our first-generation and underrepresented male students of color before yourselves.

Finally, I would like to thank our sponsors for their support, including Texas Athletics, The Center for Sports Leadership and Innovation, The Texas Program in Sports & Media, the Ross Behavior Group, Teamworks, and the College of Education at UT Austin.

Once again, we are proud to welcome you to the University of Texas at Austin and have you join us in support of student-athletes.

Sincerely,

A handwritten signature in black ink that reads "Leonard N. Moore". The signature is written in a cursive style with a large, stylized "L" and "M".

**Leonard N. Moore**

Vice President for Diversity and Community Engagement  
George Littlefield Professor of American History

# DAY 1

WEDNESDAY  
JANUARY 8, 2020

🕒 8:30 a.m.

## SESSION

### 01

*Burnout and Balance*

**Intersectionality of Race and Sport: Identity Race-Based Stress in Division I Black College Student-Athletes**

BRITTANY COLLINS  
University of Cincinnati

**Racial Battle Fatigue: Identity Management Theory and the Academic Success of University of Iowa's Black Athletes in the 60s**

JOY MELODY WOODS  
The University of Texas at Austin

**Get Your Head in the Game: How John Henryism and Stereotype Threat Psychologically Affects Black Student-Athletes**

JORDAN FIELDS  
University of Pittsburgh

**The Convergence of Emotional Labor and Student-Athlete Mental Wellbeing**

SHAUN FLETCHER  
San Jose State University

🕒 9:20 a.m.

## SESSION

### 02

*Don't Tell Me to Snap Out Of It*

**Coping with Stress as a Black Student-Athlete While Balancing Multiple Roles**

MYKAL MANSWELL  
Robert Morris University

**Limits to Autonomy in the Student-Athlete Population and Mental Health Outcomes**

AMY BANAS  
University of California–Berkeley

**Black Mental Health Isn't the Same as White Mental Health**

JEN FRY  
JenFryTalks, LLC

**Eating Disorders and the Black Athlete**

ELISE KEOGHAN  
Discovery Counseling

🗨️ 10:10 a.m. **NETWORKING BREAK**

🕒 10:20 a.m.

## SESSION

### 03

*Behind the Mask We Wear*

**The Melanin Mask: The Emotional and Psychological Experience of Black Female-Athletes**

MARLENE HOLMES  
Barry University

**Disrespected, Unprotected, and Neglected: Discussing the Mental Health of Black Women in Intercollegiate Athletics**

AKILAH CARTER-FRANCIQUE  
San Jose State University

**Redefining Self After Injury: The Role of Influential Others on Black Women Student-Athletes' Mental Health**

MIRAY SEWARD  
PAUL HARRIS  
University of Virginia

**Introducing SHEROS**

TERRY WRIGHT  
WHITNEY HARRIS  
Ohio State University

🕒 11:10 a.m.

## SESSION

### 04

*Town Hall Forum*

**What About the Mental Health of Coaches?**

LEONARD MOORE  
The University of Texas at Austin

🍴 11:50 a.m. **BREAK FOR LUNCH**

🎤 12:15 p.m.  
**KEYNOTE LUNCH**  
MARTIN SMITH  
Duke University

📅 1:15 pm–5:00 pm  
**STUDENT-ATHLETE  
BREAKOUT SESSION**

**🕒 1:30 p.m.**

**SESSION 05**  
*The Role of Allyship in the Fight*

**White Allies and Black Athletes in College Sports**  
PAUL PUTZ  
MATTHEW WHITE  
Baylor University

**Shut Up and Listen: A White Educator's Starter Guide for Learning About Black (Student) Athletes**  
KRISTY MCCRAY  
Otterbein University

**🕒 2:00 p.m.**

**SESSION 06**  
*Some Things You Can't Coach*

**Impact of Coaching Transitions on Black Student-Athletes**  
JONATHAN HOWE  
Ohio State University

**More than a Coach**  
AARON FLETCHER  
University of Tulsa

**Who You Know Not Whom You Know: The Networks of Black High School Coaches**  
JOSHUA CHILDS  
The University of Texas at Austin

**🗨️ 2:40 p.m. NETWORKING BREAK**

**🕒 2:50 p.m.**

**SESSION 07**  
*Fair Pay to Play*

**Interest Convergence and College Athletics: A Critical Perspective**  
NIGEL HAIKINS  
College of Marin

**The Bliss and Blisters of the "Fair Pay-to-Play Act" for Black Student-Athletes**  
RODNEY BLACKMAN  
LARRY PROCTOR  
Grambling State University

**Name Image and Likeness: Addressing the Missing Part of the Conversation**  
LUKE FEDLAM  
Porter, Wright, Morris & Arthur  
*Moderated discussion led by Luke Fedlam*

**🕒 3:40 p.m.**

**SESSION 08**  
*Their Narrative, Our Problem*

**'I was Uncomfortable': Are White Private Catholic Schools what They Seem?**  
DANIEL THOMAS  
The University of Texas at Austin

**Basketball Trafficking: Migration and Exploitation in Prep Basketball**  
JAVIER WALLACE  
The University of Texas at Austin

**🕒 4:10 p.m.**

**SESSION 09**  
*Get with the Program*

**Talking, Theorizing, and Training Sports: A Cultural, Pedagogical, and Interpretive Logic Model to Modernizing Student-Athlete Development**  
NAMEKA BATES  
University of Illinois at Urbana-Champaign

**The Evolution of the Freshmen Transitional Experience at Texas A&M University**  
DAN CHILDS  
JONATHAN WALLACE  
Texas A&M University

**The Black Men's Initiative: How BMI Is Addressing the Unique Mental Health Issues of Black Student-Athletes at The University of Tulsa**  
CHRIS PAUL  
AKAYLEB EVANS  
University of Tulsa

**🏠 5:00 p.m. ADJOURN**

**🚌 5:15 p.m. BUSES DEPART FOR RECEPTION**

**🍷 6:00 p.m. ATHLETICS RECEPTION**  
Sponsored by The University of Texas at Austin Athletics

**🏀 8:00 p.m. BASKETBALL GAME**  
The University of Texas vs Oklahoma University

# DAY 2

THURSDAY  
JANUARY 9, 2020

🕒 8:30 a.m.

**Reframing the Game**  
HALEY BROWN  
The University of Texas at Austin

**SESSION 10**  
*Silence Isn't Strength*

**Help the Unseen Queen: Black Females Who Face Unique Struggles in Education**  
SUSAN TOLER CARR  
Justin Carr Wants World Peace Foundation

**Mental Health of Black Student-Athletes and Redefining Vulnerability**  
SARAH STEWART  
SHAMEIKA STOKES  
Livingstone College

🕒 9:10 a.m.

**Supporting a Virtually Invisible Group**  
MIKAELA ADOLPHUS  
University of California–Davis

**SESSION 11**  
*We're Here Too*

**A Balancing Act: Examining the Intersection of Athletic Identity and Racial Identity**  
SHELBY MCKAY  
George Washington University

**Don't Neglect the "and!"—#ControlYourNarrative**  
JULIAN CAPEL  
University of South Carolina–Columbia  
DREW JOHNSON  
North Carolina Central University

**The Pulse of the Former Student-Athlete**  
KIMBERLY BELLAMY  
Association of American Medical Colleges  
DONOVAN ROY  
USC Keck School of Medicine

🗨️ 10:00 a.m. **NETWORKING BREAK**

🕒 10:15 a.m.

**The Future of Girls AAU Basketball and the Development of Young Black Women**  
FONZELL MARTIN

**SESSION 12**  
*Black Girl Magic*

Founder and Coach, Austin Elite Basketball  
TOMMY GREGG  
Founder and Coach, Austin Elite Basketball  
RAY CALDWELL  
Founder and Coach, SA Finest Basketball (San Antonio)  
SHANICE STEPHENS  
Coach, Lady Drive Nation, Nike EYBL, Entrepreneur and Community Activist  
KIMBERLY DAVIS POWELL  
Essence Girls Basketball, Nike EYBL, Owner of Basketball on the Bayou Showcase

🕒 11:00 a.m.

**I Used to Be a Baller: Athletic Identity Foreclosure and the Black Athlete**

MODERATORS:  
LOUIS HARRISON  
DARREN KELLY  
RYAN SUTTON  
The University of Texas at Austin

**SESSION 13**  
*Town Hall Forum*

📺 11:40 a.m. **SUMMIT PICTURE**

🏆 12:15 p.m. **AWARDS LUNCH**

📄 1:15 p.m.–2:00 p.m.  
**POSTER SESSION**

🕒 1:15 p.m.


**How We Create the Monsters We Hunt**  
CHRIS DAUGHTRY  
From Boys to Gentlemen Mentoring

**SESSION 14**  
*#YouGoodBro*

**The Road to De-Mask Us: Removing the Veil of Hypermasculinity from the Black Athlete and its Effects on Their Careers**  
TRAJUAN BRIGGS  
MATT DARBY  
BRADLEY HOLMES  
JARROD BARNES  
Prime U


**Superhero Syndrome**  
MICHAEL WILLETT  
TRISTAN REAVES  
WalkOn Nation, LLC

**Black Men and Trauma in Athletics**  
DARNELL RICE  
Embrace


**2:15 pm–5:00 pm**  
**STUDENT-ATHLETE BREAKOUT SESSION**



**2:15 p.m.** **ROSS BEHAVIORAL GROUP**

**SPECIAL SESSION**  
**15**


**3:00 p.m.** **Finding a Balance Between Academic and Athletic Motivation**  
 KEITH ADAMS  
 CKA Save Project, Inc.

**SESSION**  
**16**  
*When Academics Get Playing Time*

**Transfer Student-Athlete Success**  
 ALEXANDRA SOMMER  
 Colorado State University  
  
**Athletic Academic Advisors' Perceptions of Black Male Student-Athletes' Mental Health Needs**  
 RONALD A. MOSES  
 Old Dominion University  
  
**George Tailiaferro Sport Association: The Impact of Diversity and Inclusion in Sport Management**  
 L. JULIUS HANKS II  
 BRIAN RICHARDSON, JR.  
 CARRINGTON SMITH  
 RAMIR WILLIAMS  
 JOVAN WILLIAMS  
 Indiana University–Bloomington


**4:00 p.m.** **Mental Health Development in High School Black Student-Athletes**  
 RL BOOKER, JR.  
 University of Kansas

**SESSION**  
**17**  
*Developing Youth*

**Empowering Youth: Critical Pedagogy for Increasing Black Male Identity, Sport Participation, and Academic Self-Efficacy**  
 MICHAEL MALLERY, JR.  
 University of Connecticut

**Athlete Alliance Student-Athlete Leadership Combine**  
 DONALD MCAULAY  
 University of Connecticut

**Eligible or Ready? The Role of School Counselors**  
 PAUL HARRIS  
 MIRAY SEWARD  
 University of Virginia


**5:00 p.m. ADJOURN**


**5:15 p.m. BUSES DEPART**


**6:00 p.m.**  
**AN EVENING WITH JEMELE HILL**  
 LBJ Auditorium


**7:30 p.m.**  
**RECEPTION SPONSORED BY THE LBJ FOUNDATION**

# DAY 3

FRIDAY  
JANUARY 10, 2020

🕒 8:30 a.m.

The Overemphasis on Making It to the NFL for African American Collegiate Football Student-Athletes

COREY MOORE  
University of Memphis

## SESSION 18

Assisting Student-Athletes in Transition  
SHERRINA LOFTEN  
Florida State University

Grit, Goals, and Balance: Managing Life After Graduation  
MARNEE GRANT  
Relay Graduate School of Education

🕒 9:30 a.m.

Soul of the Game: Spirituality and the Development of the Black Athlete

KEVIN WASHINGTON  
The University of Texas at Austin

## SESSION

## 19

*Faith to Face  
the Issue*

We've Come this Far by Faith: How Black Male College Athletes Experience Religion and Spirituality as a Form of Support while Attending Predominantly White Institutions  
DAVID WALKER  
Northeastern University

Race, Sports and Faith: The Identity Crisis of the Black Christian Student-Athlete

BRANDON CROOMS  
The University of Texas at Austin

Faith, Sport, and Culture  
MATTHEW WHITE  
Baylor University

🗨️ 10:15 a.m. **NETWORKING BREAK**

🕒 10:30 a.m.

A Comparative Analysis of Black Athlete Mental Health Prevalence Rates in Intercollegiate Athletics

CHARLES MACAULAY  
AJHANAI NEWTON  
University of Connecticut

## SESSION

## 20

*Accessing the  
Toolbox*

Healthy Minds and Successful Athletes: The Case for Ethical and Competent Practice Regarding Sport Psychology and Mental Health Service Provision in the Black Student-Athlete Community  
CAROLYN DAVIS  
Walden University

Mental Skills: A Model for Transferability of Strategies from Sport to Life  
CAROLINE BRACKETTE  
Mercer University

My Sporting History and Helping Professions: The Rise of Sport-Based Group Therapy  
MAKAELA JONES  
University of California–Berkeley

🏠 11:30 a.m.

**CLOSING TOWN  
HALL FORUM**

## SESSION

## 21

👉 12:00 p.m. **ADJOURN**



★ **Thursday, January 9, 2020—6:00 p.m.**  
**AN EVENING WITH JEMELE HILL**  
LBJ Auditorium



JEMELE HILL

Emmy Award-winning journalist, Jemele Hill is a senior staff writer at the Atlantic and is the co-founder of Lodge Freeway Media.

Hill was previously the chief correspondent and senior columnist for The Undefeated, ESPN's content initiative exploring the intersections of sports, race, and culture. While at The Undefeated, Hill wrote, conducted newsmaker interviews, and offered commentary of content for The Undefeated's digital, television, and audio platforms. She also hosts events and other important initiatives, including The Undefeated town halls and television specials.

Prior to joining The Undefeated, Hill co-anchored SportsCenter for a year with her longtime friend and colleague Michael Smith. SC6 with Michael & Jemele debuted in February 2017 as a more personality driven approach to the traditional 6 p.m. SportsCenter. Focusing on sports, music, movies, and more, SC6 was born from Hill and Smith's popular His & Hers podcast and weekday television show, which debuted on ESPN2 in 2014.

In August 2018, the National Association of Black Journalists awarded Hill with the Journalist of the Year Award. In July 2016, Hill participated in The President and the People: A National Conversation—a one-hour town hall with President Barack Obama on race relations, justice, policing, and equality.

Before joining ESPN, Hill was a sports columnist for the Orlando Sentinel from 2005-06—the lone African-American female sports columnist in the country.

In April of 2019, Hill debuted a new podcast on Spotify, called Jemele Hill is Unbothered. Unbothered explores the news of the day and the intersectionality between the worlds of sports, politics, music, identity, and culture. Unbothered is an honest, thought-provoking, always-entertaining analysis of American life, discussed in real-time as it unfolds. Previous guests included, Senator Kamala Harris, Ava DuVernay, Common, Ice Cube, Spike Lee, and Soledad O'Brien.

Jemele is a native of Detroit and a Michigan State alum.



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Special thanks for the Summit Planning Committee, led by Dr. Leonard N. Moore, Dr. Louis Harrison, Dr. Darren Kelly, and Dr. Ryan Sutton. Special thanks to Felicia Martin for her continued support of the Summit even in her absence.

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