

Curriculum Vitae

Brittany L. Collins, Ph.D., LPCC-S (KY, OH), LPC-S (MO), LPC (TX), NCC

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EDUCATION

Ph. D Counselor Education and Supervision 2022

Multicultural and Social Justice Cognate

University of Cincinnati, Cincinnati, Ohio

(CACREP Accredited Program)

Dissertation: *A Narrative Exploration into the Intersection of Division I Black Student-athlete Environment, Identity, and Mental Health.*

M.S.E.d Clinical and Mental Health Counseling 2016

University of Dayton, Dayton, Ohio

(CACREP Accredited Program)

Scholarly Project: *Who Am I Now? Impact of a Psychoeducational Intervention for Coaches working with high school student-athletes who have experienced a career-ending injury.*

M.S. Recreation and Sport Sciences 2003

Coaching Education/Athletic Administration

Ohio University, Athens, Ohio

Mentored Writing: *A Qualitative Analysis of NCAA Compliance in Division I Women's Basketball*

B.S. Sport Sciences 2002

Sport Management

Ohio University, Athens, Ohio

LICENSURE AND CERTIFICATION

Board Certified-TeleMental Health Provider BC-TMH-3907

Certified Youth Sports Administrator (CYSA) 584333

Licensed Professional Counselor (LPC)-Missouri 2021018465

Board Approved Licensure Supervisor-Missouri

Licensed Professional Clinical Counselor Supervisor (LPCC-S)-Ohio	E.2102450-SUPV
Kentucky	280714
Licensed Professional Counselor (LPC)-Texas	89126
National Certified Counselor (NCC)	834751
NC STATE University, Supervisor/Management School	2-year Certification
Pupil Activity Supervisory Permit (PASP)	21622153
U.S. Center for SAFESPORT Trained	2022

HONORS AND AWARDS

Mizzou Made Staff of the Year Award University of Missouri Intercollegiate Athletics	2022
Outstanding Doctoral Student Award University of Cincinnati Counselor Education and Supervision	2022
American College Counselor Association (ACCA) Emerging Leader	2018-2019
Graduate Assistant Full Tuition & Stipend Scholarship University of Cincinnati, Cincinnati, Ohio	2017-2019
Rookie of the Year Award South Community, Dayton, Ohio	2016
Graduate Assistant Full Tuition & Stipend Scholarship Ohio University, Athens, Ohio	2002-2003
Full Athletic Basketball Scholarship Ohio University, Athens, Ohio	1998-2002

LEADERSHIP

Developing ME! Counseling, & Therapy, LLC <i>Owner and Managing Member</i>	2018-Current
<ul style="list-style-type: none">• Provide individual, team, and leadership counseling, consulting, and skill development.	

- Provide educational and organizational consultation in the areas of mental health awareness for coaches, athletic trainers, & the student-athlete population.
- Meet with higher performing clients regularly to provide counseling, treatment, and sports performance and adjust treatment plans as necessary
- Provide clinical supervision to Licensed Professional Counselors who are dually trained and provide clinical mental health as well as mental performance consultation.
- Provide career development, and multicultural organizational development.
- Research counseling areas of interest that include student-athletes, coaches, teens, adolescents, and the young adult population
- Research identity development through counseling, sports counseling, sports performance, and multicultural concerns in counseling.
- Meet with student-athletes regularly to provide sports performance coaching and consulting.
- Complete and maintain accurate and efficient clinical case notes and necessary documentation through Therapy Notes or HIPPA-compliant software
- Member of the National Football League Players Association (NFLPA) Clinician Directory in Missouri, Ohio, and Texas
- Provide clinical care as independent contractor for OnRise players and support staff
- Provide clinical care as independent contractor for Missouri State student-athletes specially struggling with anxiety, depression, adjustment, identity, life transitions, racial, and multicultural concerns as well as mental performance stressors.

The University of Dayton, Dayton, Ohio

Program Director Behavioral Health Workforce Expansion Program

April 2024-current

- Lead, develop, and facilitate the BHWEPP program
- Implement the BHWEPP Program
- Partner development, educational design, and HR responsibilities
- Identify appropriate community partners and develop partner relationships
- Manage the student application and interview process
- Manage and maintain those relationships
- Manage program evaluations
- Develop program materials (e.g., recruitment materials, student participant applications, etc.)
- Oversight of the development of the professional resource library
- Prepare and submit progress and other regulatory reports
- Collaborate on programmatic decisions
- Work closely with faculty to implement program changes as determined by the review process
- Document processes and procedures
- Schedule and organize meetings/events
- Maintain meeting records
- Ensure technology is used correctly for all operations

- Provide supervision/training to graduate research assistants
- Maintain offices at both UD and Central State to facilitate collaboration and inclusion of both universities in the BHWEF

The City of Dayton, Department of Recreation and Youth Services, Dayton, Ohio

Recreation and Athletic Program Coordinator

July 2007-March 2015

- Supervised Recreation Facility Specialists assigned to athletic and recreation facilities and program delivery.
- Managed and participated in the development and implementation of goals, objectives, policies, and priorities for recreation and athletic programs
- Administered joint use agreements with school districts; established affiliation agreements with other organizations and collaborated with local and state organizations
- Evaluated, selected, and assigned personnel; provided and coordinated staff training, and worked with employees to correct deficiencies
- Arranged, scheduled, and secured necessary instructional, supervisory, and volunteer personnel to carry out programs
- Created Memo of Understanding (MOU) and Contracts as needed to facilitate appropriate partnerships for athletic and recreation programs.
- Assisted in the development and administration of assigned program areas' annual budgets, forecasting of funds needed for staffing, equipment, materials, and supplies, and monitored and approves expenditures while tracking revenues generated.
- Coordinated, planned, developed and supervised City sponsored athletic and recreational programs and events for all age groups
- Participated in the fiscal and financial management and contract negotiations of the Department
- Ensured the needed maintenance of facilities is coordinated with the appropriate City agency
- Conducted a variety of assigned program area evaluations, investigations, and operational studies.
- Prepared modifications to recreation and athletic programs, policies, and procedures
- Analyzed the recreational needs and demands of customers and proposed programs
- Resolved difficult and/or sensitive requests or complaints from citizens or interested community groups

SERVICE

Co-Chair Association for Applied Sports Psychology (AASP) Black Sports Professionals in SEP
2023-2025

NCDA Web Magazine Co-Editor, *Career Convergence, Features* 2024-2025

AASP Conference Abstract Proposal Reviewer 2023

University of Cincinnati Black Student-Athlete Association (BSAA) Advisor	2020-2021
Co-Chair American College Counseling Association (ACCA) Diversity and Inclusion Committee	2019-2021
ACCA Conference Abstract Proposal Reviewer	2021
The University of Dayton Master's thesis committee	2020-2021
American Counseling Association (ACA) Conference Volunteer	2019
University of Cincinnati School Counseling Faculty Search Committee	2018
North Central Association for Counselor Educators Conference Volunteer	2018

HIGHER EDUCATION

University of Missouri (Mizzou) Intercollegiate Athletics April 2022-July 2022
Columbia, Missouri

Asst Director of Athletics-Director of Mental Health and Wellness

- Implemented the Mental Health and Wellness Program Core Practices: Promote student-athlete social/emotional well-being and non-cognitive skill acquisition through the creation, management, and evaluation of the student Mental Health and Wellness Program.
- Assisted student-athletes individually and in small groups and workshops, in recognizing and managing self-defeating behaviors, dealing with stress, managing relationships, and making healthier choices.
- Ensured quality one-on-one well-being support and counseling was delivered to student-athletes.
- Ensured that site staff are adequately trained and educated on mental health and wellness. Ensure alignment and serve as a resource to site staff on this topic. Encourage trauma-informed, whole student-student program delivery.
- Facilitated regular cross-department meetings with the site staff to identify and align individualized next steps/interventions for student-athletes.
- Administered the Wellness Assessment as well as other necessary assessments to all student-athletes, every year, effectively triage intervention and managing results.
- Consulted with the Mental Performance team, MizzouMade, and student-athlete development staff regarding student-athletes and coached them on appropriate interventions. Worked to ensure that student-athletes in need are receiving mental health intervention when indicated.
- Developed university partnerships with graduate mental health programs, hospital system, and community to support in implementing high-quality wellbeing-oriented programming and counseling for student-athletes.

- Recruited, trained, supervised, and managed a team of graduate counseling, psychology, and social work interns to work with student-athletes to ensure the overall health, well-being, and success of student-athletes and staff.
- Served on the Integrated Healthcare Team (IHT) a collaborative team of individuals (Licensed clinicians and Practitioners) committed to supporting student-athletes' social/emotional health and ensuring they are trained and prepared to be excellent clinicians. Meet university field and state supervision requirements.
- Directly supervised (or ensure proper supervision and monitoring) graduate mental health student interns and licensed mental health professionals and ensure that they work appropriately and ethically with student-athletes and utilize evidence-based techniques in workshops, small groups, and 1:1s with a focus on developing skills and resources in social/emotional wellbeing areas.
- Worked with acute students 1:1 as indicated, referred as needed to community-based mental health providers or agencies. May serve as a short-term bridge to community providers for student-athletes who are high acuity as appropriate
- Established trusting and supportive relationships with families and conduct family meetings as necessary when student-athlete mental health concerns arise.
- Helped families with community-based mental health referrals for student-athletes when Mizzou Intercollegiate athletics mental health and wellness program is not sufficient to keep scholars stable and safe.
- Established and maintain relationships with community mental health agencies to ensure seamless referral pathways.
- Maintained Continuing Education Requirements and Keep License Current: Learn about new developments in the mental health and wellness field by reading professional literature, attending continuing education classes/seminars, and maintaining contact with community resources. Keep clinical mental health license active and current. Maintain personal malpractice insurance to \$3,000,000: \$1,000,000 per incident. Mizzou Intercollegiate athletics reimburses up to \$1000/year for these activities.
- Assessment and Measurement: Actively worked to measure and demonstrate the efficacy of Mental Health and Wellness programming to assist with student-athlete performance, athletic competition, and college completion. Keep and maintain current and accurate records.
- Completed and maintained accurate and efficient clinical case notes and necessary documentation through Therapy Notes or HIPPA-compliant software
- Reviewed supervisee's clinical case notes and necessary documentation through Therapy Notes or HIPPA-compliant software
- Served on Student-Athlete Development and Championship Performance Team Meetings and Senior Athletics Staff Leadership Team Meetings.
- Completed tasks in a timely and accurate manner.
- Established and achieves realistic goals within the position.
- Provided on-call and crisis support in conjunction with clinical staff and provided ultimate oversight when necessary
- Maintained a client caseload as appropriate to census and provides individualized treatment for each case.

- Ensured full adherence to the Mizzou Intercollegiate athletics policy and procedure manual.
- Assisted in overseeing and managing the department budget for mental health and wellness expenses

Asst Director of Athletics -Licensed Mental Health Professional

July 2021-July 2022

- Assessed student-athletes which included diagnosis, mental status, role functioning, and student-athlete risk to self and others
- Created individualized treatment plans according to client needs and circumstances
- Met with student-athletes regularly to provide counseling, treatment, and sports performance, and adjusted treatment plans as necessary
- Provided individual, and group counseling
- Conducted ongoing assessments of student-athlete progress
- Collaborated with the integrative care team, sports medicine staff, coaches, and administrators on mental health needs
- Consulted with the athletic department, sports medicine staff, coaches, trainers, and administrators as appropriate
- Advocated for student-athletes mental health needs
- Prepared and implement team/group presentations and team-building activities
- Attended IHT meetings to continue to assess and advocate for student-athletes
- Completed and maintain accurate and efficient clinical case notes and necessary documentation through Therapy Notes or HIPPA-compliant software

University of Cincinnati, College of Education, Criminal Justice, Human Services and Information Technology (CECH), Cincinnati, Ohio

2017-2020

Graduate Research and Teaching Assistant

- Assisted faculty with the preparation of presentations at national conferences as needed
- Attended research presentations as required
- Assisted in the development of undergraduate career success courses and manual
- Assisted in teaching undergraduate career success course
- Assisted with orientation and recruitment of undergraduate and graduate students
- Planned and organized department events such as an open house, fall cookout
- Revised, updated, and developed the department newsletter and brochure
- Assisted faculty with the development of manuscripts suitable for submission to research journals
- Provided support for the completion of research projects within the department
- Assisted faculty with the electronic or mail submission of research articles
- Assisted with research grant proposal development and proposal
- Assisted current full-time faculty with literature review, data entry, and data compilation as required

University of Cincinnati Athletic Department
Academic Services, Cincinnati, Ohio

2003-2004

Athletic Academic Services Intern, Tutor Coordinator, Academic Advisor

- Served as academic advisor for men's and women's golf and football team members
- Counseled student-athletes on matters of academic course selection

- Monitored student-athletes academic progress through weekly meetings, progress reports, and communication with professors
- Evaluated transcripts of prospective student-athletes
- Interpreted and enforced NCAA rules, regulations, and policies
- Monitored student-athlete's classroom attendance as well as study table attendance
- Coordinated with co-workers to solve internal and external problems
- Compiled and reported student-athletes grade point average as well as Conference USA awards, institutional awards and sports awards and assisted in organization of Legion of Excellence Gala

Tutor Coordinator

- Produced daily tutor budget report
- Implemented and upheld tutorial policies
- Recruited and obtained qualified tutors
- Designed and enhance academic services tutor manual and policies and procedures handbook
- Conducted tutor orientation at which tutors were trained in the appropriate procedures
- Supervised all tutors regarding attendance, required paperwork, and payroll procedures

Ohio University, College of Health and Human Services, Athens, Ohio

2002-2003

Graduate Assistant for Recruitment and Retention of Minority Undergraduate and Graduate Students

- Counseled students on time management, goal setting, organizational skills, and study skills
- Recruited prospective minority undergraduate and graduate students
- Assisted with the retention of currently enrolled minority undergraduate and graduate students
- Organized minority undergraduate and graduate programs
- Planned Academic Recognition Banquet to honor student's academic accomplishments
- Collected and gathered data from Student Information System (SIS) for student records

COMMUNITY BEHAVIORAL HEALTH

University of Louisville Health and Athletics Department
Louisville, Kentucky

September 2022-September 2024

Athletic Program Therapist

- Provided student-athletes direct clinical behavioral health and/or substance use assessment and intervention services.
- Established and maintained professional and therapeutic rapport with athletes, athletics program personnel, and the community, as all elements are critical to ensuring the highest quality of mental health care delivery.
- Demonstrated screening and assessment skills needed to obtain essential information from student-athletes and collateral sources to develop a person-centered care plan and discharge plans that appropriately align clinical treatment priorities.

- Displayed proficiency in providing evidence-based therapeutic interventions to individuals and groups, as appropriate.
- Coordinated with the athletic medical director to refer student-athletes for specialized treatment/care when outside the scope of practice/competency of the therapist.
- Served as the lead point of contact to appropriately escalate emergency mental health crises to ensure the safety and wellbeing of student-athletes, as well as assist in post-crisis coordination of referrals for follow-up care and campus and sport reintegration efforts, as appropriate.
- Led and managed the following affinity and support groups (Cards All-In, UofL Black athlete sister circle, UofL ATC)
- Facilitated group/team meetings or support groups that have a goal to promote athlete well-being.
- Provided education, consulting, and outreach services (e.g., workshops) to coaches, staff, and mental performance professionals regarding the psychological well-being of individual student-athletes and team members.
- Participated in Student Counseling Services' weekly case management and staff meetings.
- Displayed accurate, proficient, and timely clinical documentation to include the development of care plan goals, objectives, and intervention strategies, adhering to the standards set forth by the therapist's professional scope and the athletics program.
- Clinical supervisor to all doctoral and master's sports science students
- Assisted with research, grants, and UofL campus partnerships

University of Cincinnati Athletics
Sports Medicine, Cincinnati, Ohio

January 2018-May 2021

Licensed Professional Counselor

- Assessment of student-athletes, which includes diagnosis, mental status, role functioning, student-athlete risk to self and others
- Created individualized treatment plans according to client needs and circumstances
- Met with student-athletes regularly to provide counseling, treatment, sports performance and adjust treatment plans as necessary
- Met with student-athletes regularly to provide sports performance coaching
- Provided individual, group, team counseling as well as sports performance
- Conducted ongoing assessments of student-athlete progress
- Collaborated with sports medicine staff, coaches, and administrators on mental health needs
- Consulted with athletic department, sports medicine staff, coaches, trainers and administrator's as appropriate
- Advocated for student-athletes mental health and performance needs
- Prepared and implement team/group presentations and team building activities
- Attended meetings on mental health initiatives for student-athletes
- Planned, organized, and prepared presentations on mental health awareness and psychoeducation for sports medicine staff and athletic department

- Provided referral to team doctor or psychiatrist for medication assessment and management
- Recommended treatment which would include modality, frequency of sessions, student-athlete resources and benefit needs, and techniques.
- Assisted in research with Athletic Department and consult with Athletic Department on research endeavors
- Maintain electronic medical records and clinical notes through therapy notes.

University of Dayton Counseling Center

August 2019-April 2020

College Counselor/Part-Time Contractor

- Provided short term, solution focused counseling to students.
- Assessed clients presenting concerns which include mental status, role functioning, high to low acuity of care needed which included client risk to self and others.
- Provided consultation to faculty and staff regarding student behavior.
- Coordinated and provide crisis intervention services as needed during work hours
- Coordinated and consulted with counseling center staff to link student to campus resources as needed.
- Maintained electronic medical records and clinical notes through titanium.
- Maintained appropriate community relationships.

New Creation Counseling Center, Tipp City, Ohio

March 2018-December 2018

Contracted Counselor

- Assessed clients, which includes diagnosis, mental status, role functioning, client risk to self and others.
- Provided individual, family and group counseling.
- Made recommendations for treatment which would include modality, frequency of sessions, client resources and benefits needs, and techniques.
- Collaborated with New Creation Counseling, and non-New Creation Counseling caregivers as needed to advocate for the client and to facilitate progress during counseling.
- Consulted with school staff as appropriate.
- Maintained the Individualized Service Plan consistent with New Creation and accreditation standards.
- Maintained electronic medical records and clinical notes.
- Completed other paperwork as necessary to facilitate recording and documentation of services for the clinical record, and to meet requirements of third-party payers or to facilitate billing and collections.
- Participated in team meetings, case conferences, in-services, and in supervision as needed or required.

South Community Behavioral Healthcare, Dayton, Ohio

October 2016-November 2017

Nicholas Residential Treatment and Juvenile Justice Center, Dayton, Ohio

Outpatient Therapist

- Assessed clients, which includes diagnosis, mental status, role functioning, and client risk to self and others.

- Provided individual, family, and group counseling
- Recommended treatment which would include modality, frequency of sessions, client resources and benefits needs, and techniques.
- Collaborated with South Community, Inc., and non-South Community Inc. caregivers including probation officers, court officials, and Nicholas Residential treatment staff as needed to advocate for the client and to facilitate progress during counseling.
- Consulted with school staff as appropriate.
- Maintained the Individualized Service Plan consistent with South Community and accreditation standards.
- Completed other paperwork as necessary to facilitate recording and documentation of services for the clinical record, and to meet requirements of third-party payers or to facilitate billing and collections.
- Participated in team meetings, case conferences, in-services and in supervision as needed or required.

South Community Behavioral Healthcare, Dayton, Ohio

April 2016-October 2016

Transitional Care Specialist

- Assessed the treatment needs of clients.
- Developed, monitored, and evaluated treatment plans and progress.
- Facilitated interdisciplinary approaches when collaborating with prescribers, physicians, psychiatrists, clinicians and practitioners.
- Provided a level of service to clients in pre-engagement.
- Provided a level of service to clients to assist in reengagement of services.
- Assisted in transitions to decreased level of care and/or the liaison to link clients back to increased level of care as needed from integrated medical services.

South Community Behavioral Healthcare

August 2015-August 2016

School Programming, Thurgood Marshall High School, Dayton, Ohio

School Based Therapist-Counselor Trainee

- Assessed clients, which includes diagnosis, mental status, role functioning, client risk to self and others.
- Provided individual, family and group counseling.
- Recommended treatment which would include modality, frequency of sessions, client resources and benefit needs, and techniques.
- Collaborated with South Community, Inc., and non-South Community Inc. caregivers including school counselors, school psychologists, and school administrators as needed to advocate for the client and to facilitate progress during counseling.
- Consulted with school staff as appropriate.
- Attended interdisciplinary team meetings to assist in advocating for the student.
- Maintained the Individualized Service Plan consistent with South Community and accreditation standards.
- Completed other paperwork as necessary to facilitate recording and documentation of services for the clinical record, and to meet requirements of third-party payers or to

facilitate billing and collections.

Participated in team meetings, case conferences, in-services and in supervision as needed or required.

TEACHING

My Teaching Philosophy: I believe that students and instructors are responsible for creating a reciprocal learning environment where all collaborate and contribute resources including experiences, information, and motivation. My views on teaching are to foster critical thinking skills and facilitate the acquisition of lifelong learning skills. In addition, I strongly align with the humanistic approaches to teaching in that I take into consideration the whole student and their environment. My overall teaching philosophy is based on two principles (a) active student learning strongly influences student-learning outcomes, and (b) assessment procedures strongly influence student acquisition of knowledge. In addition, I believe in creating an inclusive environment and am committed to diversity, equity, and inclusion through teaching as well as applying different learning styles when needed.

THE UNIVERSITY OF DAYTON

2024-Current

EDC 583-Theories and Techniques of Group Counseling

Fall 2024, Spring 2025

This master's level course where content focuses on the stages, theories, strategies, and applications of the group counseling process in clinical mental health and school settings, as applied with diverse individuals across the lifespan. Prerequisite(s): EDC 543. The format for this course includes didactic and experiential learning opportunities. Through textbook readings and lectures, students will be exposed to theories of group counseling and group work, and types of groups, and other considerations that affect conducting groups in varied settings. Students will also participate in a group intended to provide opportunities to learn more about how they operate in groups (as a member and to some extent as a leader), to cultivate self-awareness, to observe and participate in group process, and to experiment with ways of being in a group.

WALDEN UNIVERSITY

2024

COUN 6316 - Techniques in Counseling

Summer, Fall 2024

This master's level course focuses on personal attitudes, values, and beliefs often affect a counselor's ability to establish an appropriate relationship and rapport with clients. In this course, students learn to evaluate their personal attitudes and beliefs to positively influence their counseling approaches. They explore principles and skills related to interviewing and observation, and they examine related legal, ethical, and cultural issues. Students gain practice in conducting interviews, making behavioral observations, collecting and interpreting data during an interview, and developing written reports of findings. Synthesizing concepts, skills, and personal reflections, students demonstrate their ability to engage in a counseling sessions using techniques learned throughout the course.

COUN 640-Family Relations

Spring 2021

This master's level course where content focuses on issues related to the family and various theories of family counseling. Restricted to Counseling or Clinical Mental Health Counseling majors.

COUN 630-Introduction to Mental Health Counseling

Fall 2020

The master's hybrid course involves a survey of historical developments impacting the helping professions as well as a review of current practices in various counseling settings.

THE UNIVERSITY OF DAYTON**2019-2021**

EDC 583-Theories and Techniques of Group Counseling

Spring 2021

This master's level course where content focuses on the stages, theories, strategies, and applications of the group counseling process in clinical mental health and school settings, as applied with diverse individuals across the lifespan. Prerequisite(s): EDC 543. The format for this course includes didactic and experiential learning opportunities. Through textbook readings and lectures, students will be exposed to theories of group counseling and group work, and types of groups, and other considerations that affect conducting groups in varied settings. Students will also participate in a group intended to provide opportunities to learn more about how they operate in groups (as a member and to some extent as a leader), to cultivate self-awareness, to observe and participate in group process, and to experiment with ways of being in a group.

EDC 584-Practicum

Fall 2020

Supervised practice and observation in group and individual counseling techniques.

Prerequisite(s): EDC 521, EDC 529, EDC 531, EDC 535, EDC 545, EDC 575, EDC 583, EDC 623, EDC 631.

EDC 548-Children & Adolescents

Summer 2019, 2020

This master's level in-person course is intended to provide foundational knowledge and skill development for counseling children and adolescents. Foundational knowledge will include historical and current trends in counseling children and adolescents, multicultural and ethical considerations, expressive techniques, solution-focused therapy, play therapy, REBT therapy, reality therapy, counseling at-risk children, crisis counseling, and working with parents and family systems. Skills will include general counseling skills, crisis counseling skills, and collaboration skills. Prerequisite(s): EDC 543 and 545.

EDC 548L-Children & Adolescents Lab

Summer 2019, 2020

EDC 545-Counseling Techniques Lab

Summer 2019

Supervised experience in counseling. Both group and individualized instruction and supervision.

EDC 583-Theories and Techniques of Group Counseling

Spring 2019

This master's level course where content focuses on the stages, theories, strategies, and applications of the group counseling process in clinical mental health and school settings, as applied with diverse individuals across the lifespan. Prerequisite(s): EDC 543. The format for this course includes didactic and experiential learning opportunities. Through textbook readings and lectures, students will be exposed to theories of group counseling and group work, types of groups, and other considerations that affect conducting groups in varied settings. Students will also participate in a group intended to provide opportunities to learn more about how they operate in groups (as a member and to some extent as a leader), to cultivate self-awareness, to observe and participate in group process, and to experiment with ways of being in a group.

UNIVERSITY OF CINCINNATI**2003; 2017-2020****CNSL 3002-Career Success**

Spring 2019, Fall 2019, Spring 2020

This course is designed to provide students with career development prior to starting an internship/field placement. In this course, students will learn about writing resumes, cover letters, and job applications; interview etiquette and how to answer interview questions; and workplace rules and appropriate workplace behaviors. This course provides students with an opportunity to learn skills and approaches that will prepare them for securing an internship and future positions in the workforce after graduation.

CNSL 7015-Career Development and Counseling

Fall 2018

This master's online course is an overview of career development theories and decision-making models. The topics also include career information systems and labor market information; career development programming; interrelationships among work, family, and other life roles; assessment instruments and techniques relevant to career planning and decision-making; and career counseling processes, strategies, and evaluation applicable to diverse populations in a global economy.

CNSL 7031-Assessment in Counseling

Summer 2018

This master's hybrid course introduction to assessment and measurement techniques in counseling. The course will cover a variety of assessment techniques, individual and group approach assessment, psychometric properties, statistical concepts related to assessment, social and cultural factors influencing appraisal procedure and results, methods of data gathering and interpretation, and the use of assessment in helping processes. The course will also include test selection, administration, and evaluation. Students will have practical experience in taking and interpreting some instruments in counseling fields.

CNSL 7060-Internship in Supervision

Spring 2018

This course is a master's supervised, field-based experience of no less than 350 clock hours (for every 3 credits) of which 120 clock hours shall be in direct services. School counseling students secure placement in school environments and are supervised by licensed school counselors; clinical mental health counseling students secure placement in mental health settings and are supervised by licensed professional clinical counselors who have the authority to supervise.

SACN 1010-Historical Perspectives in Substance Abuse Counseling

Fall 2017

This course is an undergraduate online course designed to provide a historical overview of substance abuse, including its impact on society, the law, foreign policy, and the economy in the United States. Students will explore the evolution of legal and social responses understood through the historical contexts in which they occurred. Furthermore, students will learn about the evolution of substance abuse counseling and its relationship to other helping professions.

17PD101–004-Orientation to Learning Fall 2003

This course is an undergraduate face-to-face course to acquaint incoming first years with the learning environment of the University College and the university community; facilitate adjustment to college by familiarizing students with the tools of learning; develop students' potential through self-awareness and decision-making techniques; provide techniques for long and short-range goal setting; develop listening, writing, and group discussion skills.

OHIO UNIVERSITY **2002**

UC115-The University Experience Fall 2002

This course is an undergraduate face-to-face course to acquaint incoming first years with the learning environment of the University College and the university community; facilitate adjustment to college by familiarizing students with the tools of learning; develop students' potential through self-awareness and decision-making techniques; provide techniques for long and short-range goal setting; develop listening, writing, time management, and group discussion skills.

COACHING

Assistant Varsity Girls' Basketball Coach August 2018-August 2019
Thurgood Marshall High School, Athletic Department, Dayton, Ohio

Assistant Varsity Girls' Basketball Coach August 2010-February 2013
Trotwood Madison High School, Athletic Department, Trotwood, Ohio

Assistant to the Athletic Director February 2005-June 2007
Xenia High School, Athletic Department, Xenia, Ohio

Athletic Coordinator/Academic Intervention in School Tutor April 2005-June 2007
Xenia High School, Athletic Department, Xenia, Ohio

Ninth Grade Girls' Basketball Coach October 2004-June 2007
Xenia High School, Athletic Department, Xenia, Ohio

PRESENTATIONS AND SPEAKING ENGAGEMENTS

Being Seen: Curating Culturally Responsive Spaces for Black Women in Sport & Exercise

(October 2024) Panelist for the 2024 Association for Applied Sports Psychology (AASP) Conference, Las Vegas, Nevada

Theories of Performance Excellence in Support of Clinical Practitioners Navigating Performance Culture (October 2024) Panelist for the 2024 Association for Applied Sports Psychology (AASP) Conference. Las Vegas, Nevada

Oxytocin + Group Cohesion in High Performing Environments (October 10, 2024). Speaker for the 2024 Embodied Retreat Hosted by Synergistic Solutions, Temecula Resort, CA.

Classroom Clinic: The Coach's Guide to Student-Athlete Mental Health (April 4, 2024). Facilitator and Panelist for the National Association for Basketball Coaches (NABC) Convention. Phoenix, Arizona

Classroom Clinic: NABC Transition Game (April 4, 2024). Speaker/Panelist for the National Association for Basketball Coaches (NABC) Convention. Phoenix, Arizona

Building the Plane as You're Flying It: Reflections on Supervision and Mentorship Outside of and Beyond Academic Settings (October 20, 2023) Panelist for the 2023 Association for Applied Sports Psychology (AASP) Conference, Orlando, Florida

MicroDOSE (October 3-6, 2023). Speaker for the 2023 Embodied Retreat Hosted by Synergistic Solutions, Temecula Resort, CA.

The Sport Science of Mental Health (April 23, 2023). Speaker for the 2023 Catapult Sport Science Workshop Hosted by the University of Louisville.

Classroom Clinic: NABC Transition Game (March 30, 2023). Speaker/Panelist for the National Association for Basketball Coaches (NABC) Convention. Houston, Texas

"We Wear the Mask": Everyday 'isms and the occupational therapy practitioner (December 2, 2022). Keynote speaker for The American Occupational Therapy Association, Inc. (AOTA), 2022 AOTA Specialty Conference: Mental Health

Hot Topics in Athlete Development: Mental Health (April 6-7, 2022) Panelist Women in Athlete Development Symposium and Networking & Networking Event, Sponsored by Hilliard Solutions LLC

Saving Practitioners from Burnout - Part I: Self-Care and Ethics; Balancing Career and Mental Wellness (March 2022) CEU Facilitator Greater Cincinnati Counseling Association

Managing work-life balance and health & wellbeing (March 2021) Panelist Black Women in Sport in the Ivory Tower Zoom Platform

Interrelationship of Mental Health and Career Issues Needs Integrated Approach (March 2021) Presentation at the virtual American Counselors Association (ACA) Conference

Student Athlete Emotional and Mental Well-Being and Health panel (March 2021) Panelist AAC Symposium at the University of South Florida Zoom Platform

Mental Health and You (March 2021) Presentation for the Wooster/Orrville NAACP's Health Committee Zoom Platform

University of Cincinnati Chi Sigma Iota (CSI) Induction Ceremony Keynote Speaker (March 2021) University of Cincinnati Zoom Platform

Antiracist Approaches for Understanding Body Image and Wellness of Black Student-Athletes (February 2021) Presentation at the American College Counselors Conference (ACCA)

ACCA Diversity and Inclusion Mentorship Networking (February 2021) Presentation at the American College Counselors Conference (ACCA)

Healthy Lifestyles: Let's Talk About Anxiety (December 2020) Delta Sigma Theta Sorority, Inc. Dayton Alumnae Chapter Healthy Lifestyles Zoom Webinar

Hindsight in 2020: Supporting BIPOC Students (December 2020) Department of Psychology & Counseling, Hood College Zoom Webinar/CEU

Intersectionality of Race, Gender, Media and Sport (December 2020) James Madison University, Intro to African, African American and Diaspora course: Black People in Sports Zoom

Coaching in times of uncertainty (November 2020) Xenia High School Coaches Professional Development Zoom Webinar

Intersectionality of Race and Sport (November 2020) American Athletic Conference (AAC) NCAA Diversity and Inclusion Week Student-Athlete Zoom Webinar

Interrelationship of Mental Health and Career Issues Needs Integrated Approach (2020, October) All Ohio Counseling Conference

Interrelationship of Mental Health and Career Issues Needs Integrated Approach (October 2020) Presentation at the virtual All-Ohio Counseling Conference (AOCC)

Race Relations and the Impact on the 2020 Election, (October 2020) Zoom ACCA Roundtable Discussion

Mental Health and Wellness, Zoom (October 2020) Delta Sigma Theta Sorority, Inc. Dayton Alumnae Chapter Midwest Impact Day of Service

Mental Health Matters: Sponsored by Pow6rful Minds, Zoom (October 2020) University of Cincinnati, Cincinnati, Ohio

Managing Covid-19 Interprofessional Education (IPE), Zoom (April 2020) Cedarville University, University of Dayton, Wright State University Boonshoft School of Medicine, Dayton, Ohio

UC One Team Talk: Support Staff and Self-Care, Zoom (April 2020) University of Cincinnati Athletics Department, Cincinnati, Ohio

Mental Health Awareness: Being more aware for our Student-Athletes, Zoom (April 2020) University of Cincinnati Strength and Conditioning Staff, Cincinnati, Ohio

UC One Team Talk: Who Am I? & What do I deserve? (February 2020) Presentation for University of Cincinnati Student-Athlete Support Services (SASS), University of Cincinnati, Cincinnati, Ohio

Interprofessional Education (IPE) Facilitator, (February 2020) Cedarville University, University of Dayton, Wright State University Boonshoft School of Medicine, Dayton, Ohio

Intersectionality of Race and Sport: Identity Based Stress in Division I Black College Student-Athletes. (January 2020) Presentation at the Black Student-Athlete Summit, University of Texas at Austin, Austin, Texas

Intersectionality of Race and Sport: Identity Race Based Stress in Division I Student-Athletes. (October 2019) Presentation at the N4A Midwest Regional Conference, Cincinnati, Ohio

Student-Athlete Mental Health. (July 2019) Presentation at the 37th Annual Athletic Training Workshop at Kettering Sports Medicine, Kettering, OH

Multicultural Counseling Development from a Relational-Cultural Theory Framework. (March 2019) Presentation at the American Counselors Association, New Orleans, LA

High School Student-Athletes: Addressing Mental Health and Cultural Concerns. (March 2019) Presentation at Greater Dayton Athletic Trainers Association (GDATA), Miami Valley North Hospital, Dayton, OH

Identity-Based Stress and Developmental Trauma in African American College Student-Athletes: Considerations for Assessment and Screening. (February 2019) Presentation at the American College Counselors Association, San Diego, CA

Interprofessional Education (IPE) Facilitator. (February 2019) Cedarville University, University of Dayton, Wright State University Boonshoft School of Medicine, Cedarville, Ohio

Managing Imposter Syndrome & Anxiety. (November 2018) Guest Panelist University of Dayton, Department of Counselor Education, Dayton, OH.

Integration of the Ecological Counseling Perspective in Teaching and Supervision to Enhance Cultural Competency. (October 2018) Presentation at the North Central Association of Counselor Education and Supervision, Cleveland, OH.

Multicultural Concerns in Clinical and Mental Health. (October 2018) Kettering College Occupational Therapy, Kettering, OH.

PUBLICATIONS

Collins, B. (2022). *A Narrative Exploration into The Intersection of Division I Black Student-Athlete Environment, Identity, and Mental Health* [Doctoral dissertation, University of Cincinnati]. OhioLINK Electronic Theses and Dissertations Center.

http://rave.ohiolink.edu/etdc/view?acc_num=ucin164976231452661

Collins, B. (2021, March) *Sports and Mental Health: Significance in Athletics and Sports Magazine* (p. 20).

<https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:c1360d17-3591-4306-8971-1d5a8e392b5e>.

Tang, M., Montgomery, M. L., Collins, B., & Jenkins, K. (2021). Integrating career and mental health counseling: Necessity and strategies. *Journal of Employment Counseling*, 58(1), 23-35. <https://doi.org/10.1002/joec.12155>.

Wood, A. W., Zeligman, M., Collins, B., Foulk, M., & Gonzalez-Voller, J. (2020). Health orientation and fear of cancer: Implications for counseling and integrated care. *Journal of Mental Health Counseling*, 42(3), 265-279. <https://doi.org/10.17744/mehc.42.3.06>

Wood, A. W., & Collins, B. (2019). *Cancer patients and families*. American Counseling Association: ACA Practice Briefs. https://www.counseling.org/docs/default-source/practice-briefs/acapb_cancerpatients_fa.pdf?sfvrsn=a9dc212c_2.

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)
American College Counselors Association (ACCA)
Association for Counselor Education and Supervision (ACES)
Association for Multicultural Counseling and Development (AMCD)
Association for Applied Sports Psychology (AASP)
Chi Sigma Iota International Honor Society
Collegiate Clinical Counseling Sport Psychology Association (CCSPA)
Delta Sigma Theta Sorority, Inc.
Miami Valley Counseling Association (MVCA)
National Board for Certified Counselors (NBCC)
Ohio Counseling Association (OCA)
Women Leaders in College Sports