

PRESENTATIONS AND SPEAKING ENGAGEMENTS

Being Seen: Curating Culturally Responsive Spaces for Black Women in Sport & Exercise (October 2024) Panelist for the 2024 Association for Applied Sports Psychology (AASP) Conference, Las Vegas, Nevada

Theories of Performance Excellence in Support of Clinical Practitioners Navigating Performance Culture (October 2024) Panelist for the 2024 Association for Applied Sports Psychology (AASP) Conference. Las Vegas, Nevada

Oxytocin + Group Cohesion in High Performing Environments (October 10, 2024). Speaker for the 2024 Embodied Retreat Hosted by Synergistic Solutions, Temecula Resort, CA.

Classroom Clinic: The Coach's Guide to Student-Athlete Mental Health (April 4, 2024). Facilitator and Panelist for the National Association for Basketball Coaches (NABC) Convention. Phoenix, Arizona

Classroom Clinic: NABC Transition Game (April 4, 2024). Speaker/Panelist for the National Association for Basketball Coaches (NABC) Convention. Phoenix, Arizona

Building the Plane as You're Flying It: Reflections on Supervision and Mentorship Outside of and Beyond Academic Settings (October 20, 2023) Panelist for the 2023 Association for Applied Sports Psychology (AASP) Conference, Orlando, Florida

MicroDOSE (October 3-6, 2023). Speaker for the 2023 Embodied Retreat Hosted by Synergistic Solutions, Temecula Resort, CA.

The Sport Science of Mental Health (April 23, 2023). Speaker for the 2023 Catapult Sport Science Workshop Hosted by the University of Louisville.

Classroom Clinic: NABC Transition Game (March 30, 2023). Speaker/Panelist for the National Association for Basketball Coaches (NABC) Convention. Houston, Texas

"We Wear the Mask": Everyday 'isms and the occupational therapy practitioner (December 2, 2022). Keynote speaker for The American Occupational Therapy Association, Inc. (AOTA), 2022 AOTA Specialty Conference: Mental Health

Hot Topics in Athlete Development: Mental Health (April 6-7, 2022) Panelist Women in Athlete Development Symposium and Networking & Networking Event, Sponsored by Hilliard Solutions LLC

Saving Practitioners from Burnout - Part I: Self-Care and Ethics; Balancing Career and Mental Wellness (March 2022) CEU Facilitator Greater Cincinnati Counseling Association

Managing work-life balance and health & wellbeing (March 2021) Panelist Black Women in Sport in the Ivory Tower Zoom Platform

Interrelationship of Mental Health and Career Issues Needs Integrated Approach (March 2021) Presentation at the virtual American Counselors Association (ACA) Conference

Student Athlete Emotional and Mental Well-Being and Health panel (March 2021) Panelist AAC Symposium at the University of South Florida Zoom Platform

Mental Health and You (March 2021) Presentation for the Wooster/Orrville NAACP's Health Committee Zoom Platform

University of Cincinnati Chi Sigma Iota (CSI) Induction Ceremony Keynote Speaker (March 2021) University of Cincinnati Zoom Platform

Antiracist Approaches for Understanding Body Image and Wellness of Black Student-Athletes (February 2021) Presentation at the American College Counselors Conference (ACCA)

ACCA Diversity and Inclusion Mentorship Networking (February 2021) Presentation at the American College Counselors Conference (ACCA)

Healthy Lifestyles: Let's Talk About Anxiety (December 2020) Delta Sigma Theta Sorority, Inc. Dayton Alumnae Chapter Healthy Lifestyles Zoom Webinar

Hindsight in 2020: Supporting BIPOC Students (December 2020) Department of Psychology & Counseling, Hood College Zoom Webinar/CEU

Intersectionality of Race, Gender, Media and Sport (December 2020) James Madison University, Intro to African, African American and Diaspora course: Black People in Sports Zoom

Coaching in times of uncertainty (November 2020) Xenia High School Coaches Professional Development Zoom Webinar

Intersectionality of Race and Sport (November 2020) American Athletic Conference (AAC) NCAA Diversity and Inclusion Week Student-Athlete Zoom Webinar

Interrelationship of Mental Health and Career Issues Needs Integrated Approach (2020, October) All Ohio Counseling Conference

Interrelationship of Mental Health and Career Issues Needs Integrated Approach (October 2020) Presentation at the virtual All-Ohio Counseling Conference (AOCC)

Race Relations and the Impact on the 2020 Election, (October 2020) Zoom ACCA Roundtable Discussion

Mental Health and Wellness, Zoom (October 2020) Delta Sigma Theta Sorority, Inc. Dayton Alumnae Chapter Midwest Impact Day of Service

Mental Health Matters: Sponsored by Pow6rful Minds, Zoom (October 2020) University of Cincinnati, Cincinnati, Ohio

Managing Covid-19 Interprofessional Education (IPE), Zoom (April 2020) Cedarville University, University of Dayton, Wright State University Boonshoft School of Medicine, Dayton, Ohio

UC One Team Talk: Support Staff and Self-Care, Zoom (April 2020) University of Cincinnati Athletics Department, Cincinnati, Ohio

Mental Health Awareness: Being more aware for our Student-Athletes, Zoom (April 2020) University of Cincinnati Strength and Conditioning Staff, Cincinnati, Ohio

UC One Team Talk: Who Am I? & What do I deserve? (February 2020) Presentation for University of Cincinnati Student-Athlete Support Services (SASS), University of Cincinnati, Cincinnati, Ohio

Interprofessional Education (IPE) Facilitator, (February 2020) Cedarville University, University of Dayton, Wright State University Boonshoft School of Medicine, Dayton, Ohio

Intersectionality of Race and Sport: Identity Based Stress in Division I Black College Student-Athletes. (January 2020) Presentation at the Black Student-Athlete Summit, University of Texas at Austin, Austin, Texas

Intersectionality of Race and Sport: Identity Race Based Stress in Division I Student-Athletes. (October 2019) Presentation at the N4A Midwest Regional Conference, Cincinnati, Ohio

Student-Athlete Mental Health. (July 2019) Presentation at the 37th Annual Athletic Training Workshop at Kettering Sports Medicine, Kettering, OH

Multicultural Counseling Development from a Relational-Cultural Theory Framework. (March 2019) Presentation at the American Counselors Association, New Orleans, LA

High School Student-Athletes: Addressing Mental Health and Cultural Concerns. (March 2019) Presentation at Greater Dayton Athletic Trainers Association (GDATA), Miami Valley North Hospital, Dayton, OH

Identity-Based Stress and Developmental Trauma in African American College Student-Athletes: Considerations for Assessment and Screening. (February 2019) Presentation at the American College Counselors Association, San Diego, CA

Interprofessional Education (IPE) Facilitator. (February 2019) Cedarville University, University of Dayton, Wright State University Boonshoft School of Medicine, Cedarville, Ohio

Managing Imposter Syndrome & Anxiety. (November 2018) Guest Panelist University of Dayton, Department of Counselor Education, Dayton, OH.

Integration of the Ecological Counseling Perspective in Teaching and Supervision to Enhance Cultural Competency. (October 2018) Presentation at the North Central Association of Counselor Education and Supervision, Cleveland, OH.

Multicultural Concerns in Clinical and Mental Health. (October 2018) Kettering College Occupational Therapy, Kettering, OH.